



SUPERVISED INDEPENDENT LIVING APPLICATION

Purpose: Use this form to have a CPS youth or young adult along with their caseworker request placement in a CPS supervised independent living setting.

Directions: Explain the purpose to the interested youth or young adult, and have youth or young adult complete, sign, and date the form, and return the form to you. Sign and date on the appropriate line and have your supervisor do the same.

After the form is completed by you and the youth/young adult, sign and have your supervisor sign and approve; then forward the following to the DFPS Supervised Independent Living mailbox SIL@dfps.texas.gov. Questions about the form can be sent to the same mailbox:

- Completed 2605 (Supervised Independent Living Application) with required signatures;
- [Completed 2087ex \(Alternative Application for Placement of Children in Residential Care\)](#)
- [Signed Voluntary Extended Foster Care Agreement 2540](#)

For Enhanced Case Management also attach the following:

- Most Recent Psychological or Psychiatric Evaluation and;
- Most Recent Service Level

SUPERVISED INDEPENDENT LIVING PROGRAM

To be completed by the Caseworker:

Select which program applying for:

- ☐ Supervised Independent Living (SIL)
- ☐ Supervised Independent Living Enhanced Case Management (SIL ECM)

YOUTH/YOUNG ADULT'S INFORMATION

Date:	Applicant's Full Name:		
Applicant's PID Number:	Applicant's Legal Region:	Date of Birth:	Age:
Applicant's Full Address, City, State, Zip code, and County:			
Applicant's Email Address:			
Applicant's Phone Number:			



PERSONAL IDENTIFICATION

Check what documents you have below:

☐ State Issued I.D

☐ Original Birth Certificate

☐ Original Social Security Card

☐ Health Insurance Card

☐ Permanent Resident Card

☐ None

CASEWORKER ONLY:

For all unchecked items, Caseworker will need to provide an explanation and a plan to obtain:

EMPLOYMENT/EDUCATION INFORMATION

Are you still in high school: ☐ Yes ☐ No

If yes what grade and when will you graduate:

Are you still in a GED program: ☐ Yes ☐ No

If yes what is the program and when will you be complete:

Are you currently attending a college, university, or vocational/training program: ☐ Yes ☐ No

If yes where are you attending and how many hours are you taking:

Are you currently working: ☐ Yes ☐ No

If yes briefly describe:



CITY PREFERENCES

List your top three cities/areas of Texas where you would want to live:

- 1.
- 2.
- 3.

☐ No preference



TYPES SUPERVISED INDEPENDENT LIVING SETTINGS

There are different housing options that are considered an appropriate SIL setting. These settings have been contracted by DPFS and may include:

Apartment Setting. An apartment setting is a room or suite of rooms with kitchen facilities designed as a residence and generally located in a building occupied by more than one household. This setting may include on-site management.

Shared Housing Setting. A shared housing setting is described as several people living cooperatively as an unrelated family in a house with an individual or a shared bedroom with a limited number of persons to a bedroom. This involves people renting a house in the community, like an apartment situation. This house setting is not on a General Residential Operations (GRO) campus with other non-SIL types of settings. This may include on-site management.

Non-College Dorm Setting. A non-college dorm setting is a building containing several private or semiprivate bedrooms for housing several persons in a community whose inhabitants are either employed and/or in school and commute to these and other personal and social activities. This is like a college dorm without the relationship to an institution of higher learning. This may include on-site management. Example: a general residential operations (GRO) using an empty facility building (housing unit) on the GRO property.

College Dorm Setting. A college dorm setting is a building provided by a college or university containing several private or semiprivate bedrooms for housing several persons in a setting whose inhabitants are in school and commute to these and other personal and social activities. This includes dorms on or off-campus and college co-ops. This may include on-site management.

Host Home Setting. A host home setting is a family home with a rented room or garage apartment with access to kitchen and preferably laundry facilities in the home. The young adult agrees to the household rules and has the independence to come and go as needed for employment, school and other personal and social activities.

Check your top two SIL settings where you would want to live:

- ☐ Apartment Setting
- ☐ Shared Housing Setting
- ☐ Non-College Dorm Setting

- ☐ College Dorm Setting
- ☐ Host Home Setting

Respond to the following questions in the space provided. Attach additional pages if needed.

1. Would you be willing to accept an SIL setting outside of your top two above?: ☐ Yes ☐ No;
2. Do you have any specific needs, requests and or accommodation, such as a wheelchair, for an SIL setting?
3. The SIL program does not provide daily supervision. Explain your level of readiness to live in a non-supervised setting?



INDEPENDENT LIVING SKILLS

On a scale of 1 to 5, check how confident you are with performing the following task. Note: (1) is not confident and (5) is extremely confident. Also, indicate your experience with each task.

How confident are you with skills in self-care (Example: Bathing, dressing self)? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Applicant Comments:

Caseworker Comments:

How confident are you with cooking? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with cooking (Example: I can cook the following; I've never had a chance to cook; etc.)

Applicant Comments:

Caseworker Comments:

How confident are you with budgeting? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with budgeting (Example: I have a checking account; I know the difference between need and want; I save more than I spend; I've never had my own money; etc.)

Applicant Comments:

Caseworker Comments:



How confident are you with grocery shopping? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with grocery shopping (Example: I can shop for vegetables, snacks, meats; I've never bought groceries; etc.)

Applicant Comments:

Caseworker Comments:

How confident are you with cleaning? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with cleaning (Example: I clean my room, clothes, kitchen, bathroom; I've never had to clean; etc.)

Applicant Comments:

Caseworker Comments:

How confident are you with transportation? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with transportation (—Example: I have a driver's license; I can access public transportation; etc.)

Applicant Comments:

Caseworker Comments:



How confident are you with scheduling your own doctor appointments? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with scheduling doctor appointments (Example: I can make an annual doctor appointment, I know who to call when I need to see a doctor; etc.)

Applicant Comments:

Caseworker Comments:

How confident are you with Sharing a Room/House? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List your experience with sharing a space.

Applicant Comments:

Caseworker Comments:

How confident are you in waking up in the morning, getting to work or school, following house rules, sharing a room/house? :

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Applicant Comments:

Caseworker Comments:



Life Management:

Describe a challenge or difficulty that you have experienced in the last 6 months and how you handled the situation? (Example: Work, school, friendships, the balancing of a challenging schedule, getting along with difficult people).

Applicant Comments:

Caseworker Comments:

Describe how you get along with others you live with and what makes a good room and/or house mate?

Applicant Comments:

Caseworker Comments:



GOALS

In order to remain eligible for the Extended Foster Care Program, you must be employed or attending school, or enrolled in a program that removes barriers to employment. List one educational goal and one employment goal you would like to accomplish while in the SIL setting.

Educational Goal:

How do you plan to accomplish this goal?

Employment Goal:

How do you plan to accomplish this goal?

What other goal(s) do you have for the next three years:

How do you plan to accomplish this goal?



ENHANCED CASE MANAGEMENT SERVICES

This section is to be completed by the Caseworker only

Enhanced Case Management (ECM) services can be provided to eligible young adults that participate in the Supervised Independent Living (SIL) Program when the young adult requires additional support or services to be able to adjust and maintain independence while residing in the SIL placement.

Young adults requiring enhanced case management services may have the following characteristics that include, but not limited to:

- Does not require 24-hour supervision while in the supervised independent living program;
- Has basic skills in self-care and the ability to follow a daily routine.
- Has one or more of the following characteristics:
 - frequent, but non-violent, antisocial acts;
 - frequent or unpredictable physical aggression;
 - depressive behaviors including being markedly withdrawn and self-isolating;
 - major self-injurious actions, including attempting suicide in the last 12 months;
 - current abuse of alcohol, drugs, or other consciousness-altering substances, that results in severe impairment due to the substance abuse and there is a primary diagnosis of substance abuse or dependency;
 - has an intellectual or developmental disability.

Provide the following information to determine need of service:

Date of last service level and level assigned:

Date of last hospitalization, if applicable:

Date of last physical aggression:

Explain:

Date of last self-harming incident:

Explain

Date of last psychological or psychiatric evaluation:



SIGNATURES

I, _____ do hereby acknowledge that the information in this document is true to the best of my knowledge. Furthermore, I authorize the Texas Department of Family and Protective Services (TDFPS) to release this document and other relevant information to others only for the purposes of determining my eligibility for the SIL Program.

Youth or Young Adult:

X

Date Signed:

Caseworker/Supervisor: By acknowledging below you affirm that that he/she has been prescreened and consulted for admission into the SIL program and have found that he/she can or continues to meet the Extended Foster Care requirements and is appropriate for placement in the SIL Program.

DFPS Primary Caseworker:

X

Date Signed:

DFPS Supervisor:

X

Date Signed: