



Purpose: Use this form to prepare and plan for housing for a youth or young adult's successful transition out of foster care. This form is a resource for staff to help provide structure to discuss extended foster care and other rental assistance housing options, which include assessing for housing readiness, screening for eligibility, and required documentation.

Directions: Staff should complete this form with the youth at least nine months prior to, but no later than six months prior to, his or her 18th birthday to assist in securing the youth an extended care placement at age 18, if they remain in care, and to assist youth who are exiting foster care at age 18 with independent living options. For young adults in extended foster care, this form is reviewed with the young adult six months prior to the young adult's plan to leave extended foster care to assist the young adult with independent living options. Before completing this form with the youth or young adult, provide and discuss the [Housing Readiness Handout](#) with the youth or young adult.

YOUTH OR YOUNG ADULT INFORMATION		
Date of Plan:	Youth or Young Adult Full Name:	Youth or Young Adult Phone Number:
Youth or Young Adult Email:		Youth or Young Adult Alternative Contact:
Ethnicity: <input type="checkbox"/> Hispanic <input type="checkbox"/> Non-Hispanic <input type="checkbox"/> Other	Race: <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Unable to Determine <input type="checkbox"/> Native Hawaiian/Pacific Islander	
Is the youth or young adult a U.S. citizen: <input type="checkbox"/> Yes <input type="checkbox"/> No If no, explain:		
Does the youth or young adult have a Permanent Resident Card: <input type="checkbox"/> Yes <input type="checkbox"/> No If no, explain:		



STAFF INFORMATION

Staff Full Name:	Staff Phone Number:	Staff Email:
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HOUSING PREFERENCES

Preferred Housing Location (City and County):	Public Housing Authority (Serving this Area):
Backup Location:	Public Housing Authority (Serving this Area):

HOUSING READINESS ASSESSMENT

The items below are things to consider in determining the best housing options for a youth or young adult.



How ready does the youth or young adult feel to live independently? Rate the following:

Self-care ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker assessment:

Cooking ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker assessment:

Budgeting and managing finances ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker assessment:

Grocery shopping ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker assessment:



HOUSING READINESS ASSESSMENT

Cleaning ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker assessment:

Transportation ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker assessment:

Scheduling appointments ☐1☐2☐3☐4☐5

Describe the youth or young adult's response:

Caseworker Assessment:



HOUSING READINESS ASSESSMENT

Does the youth or young adult need housing support (rental assistance)?

☐ Yes ☐ No

Caseworker assessment:

Does the youth or young adult need additional support – training, home health aide, mentor, other wraparound services?

☐ Yes ☐ No

Caseworker assessment:

Does the youth or young adult know about housing vouchers?

☐ Yes ☐ No

Caseworker assessment:

Does the youth or young adult know about Supervised Independent Living?

☐ Yes ☐ No

Caseworker assessment:

Does the youth or young adult have a job or plan to get a job?

☐ Yes ☐ No

Caseworker assessment:

Does the youth or young adult have transportation?

☐ Yes ☐ No

Caseworker assessment:



HOUSING READINESS ASSESSMENT

Does the youth or young adult have any additional financial resources? If so, what type? (Example: SSI, RSDI, employment, etc.)

☐ Yes ☐ No

Caseworker assessment:

Does the youth or young adult have required personal documents (for example, income verification, Social Security card, birth certificate, disability verification, state-issued photo ID or driver license)?

☐ Birth Certificate ☐ Social Security Card ☐ State-issued Photo ID ☐ Driver License ☐ Permanent Resident Card

Caseworker assessment:

What friends and family support does the youth or young adult have?

What kind of support is provided (for example, financial, emotional, emergency)?

What information does the youth or young adult need to better understand his or her housing options, processes, and rights?



HOUSING OPTIONS

Housing options are available to youth or young adults to assist them in a successful transition to stable housing to prevent homelessness. When the youth or young adult is developmentally ready, and other factors are equal, preference should be for the least restrictive and most independent setting. If eligible for rental assistance programs, staff should complete this form with the youth at least nine months prior, but no later than six months prior, to their 18th birthday to assist in securing the youth in extended care placement at age 18, if they remain in foster care, and to assist youth exiting foster care at age 18 with independent living options.

For young adults in extended foster care, this form is reviewed with the young adult six months prior to the young adult's plan to leave extended foster care, in order to assist the young adult with independent living options. All housing options take time and effort, so all youth or young adults should have a backup plan for delays and wait-lists. If approved for housing, a voucher is issued on or after the young adult's 18th birthday.

For additional housing information, see the [DFPS Housing Program web page](#).

EXTENDED FOSTER CARE PROGRAMS

Extended Foster Care is a voluntary program that offers young adults turning 18, in DFPS care, an opportunity to continue in licensed or contracted foster care placement and facilitates the transition to independence with DFPS supervision, if there is an available placement.

Is the youth interested in extended foster care? ☐ Yes ☐ No

If no, consider rental assistance programs or out of care transitional living programs.

If yes, what type of extended foster care placement is the youth or young adult interested in below:

☐ Foster Care Program ☐ Transitional Living Program (TLP) ☐ Supervised Independent Living Program (SIL)

Foster Care Program (DFPS Licensed):

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied

Application Status:

Transitional Living Program (DFPS Licensed):

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied

Application Status:

Supervised Independent Living (SIL) Program (DFPS Contracted):

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied



RENTAL ASSISTANCE PROGRAMS

Rental assistance programs are voluntary and not guaranteed. Approval for the program is based on specific eligibility criteria and available affordable housing units.

Foster Youth to Independence (FYI) Voucher Program:

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied

Application Status:

Family Unification Program (FUP) Voucher Program:

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied

Application Status:

Project 811 (Disability) Voucher Program:

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied

Application Status:

Housing Choice Voucher Program (Section 8) or Emergency Voucher Program:

☐ Eligible ☐ Applying ☐ Applied ☐ Wait-list ☐ Denied

Application Status:

**If you are denied rental assistance based on income, then ask about affordable housing options.
See the [DFPS Housing Program web page](#).**

OTHER NON-DFPS LICENSED OR CONTRACTED HOUSING OPTIONS

If none of the above options are available, there may be other community resources young adults can access for support, which include, but are not limited to the following:

- Out of care TLPs
- Coordinated entry systems
- Rapid re-housing programs
- Supportive housing programs
- Adult emergency shelters

DFPS FINANCIAL ASSISTANCE

For DFPS Preparation for Adult Living staff contacts for other housing financial assistance, see [Regional Preparation for Adult Living \(PAL\) Coordinators](#).



HOUSING ACTION PLAN SUMMARY AND NEXT STEPS

Describe the plan and list next steps: